

PUBLIC BOATING PROGRAMS



Mt. Baker Rowing and Sailing Center

www.seattle.gov/parks/boats/Mtbaker.htm

FALL 2006: Rowing ~ Sailing ~ Windsurfing



• Financial Aid

• Online Registration NOW AVAILABLE!

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MISSION:

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

**Mt. Baker Rowing
and Sailing Center**
206-386-1913

mount.baker@seattle.gov

NEW!

REGISTER ONLINE - it's easy!
www.seattle.gov/parks

SPARC

MT BAKER ROWING & SAILING CENTER

Mt. Baker Rowing and Sailing Center at Stan Sayres Park

3800 Lake Washington Blvd. S

Seattle, WA 98118

Served Metro Bus #34 & 39

Phone: (206) 386-1913

Fax: (206) 386-1914

Website:

[www.seattle.gov/parks/boats/](http://www.seattle.gov/parks/boats/Mtbaker.htm)

Mtbaker.htm AND

www.mtbakerjrcrow.org

E-Mail: mount.baker@seattle.gov



Green Lake Small Craft Center is
(206) 684-4074 OR glrowing@aol.com

Contact the Seattle Parks and Recreation Info Line for other City resources and activities:

(206) 684-4075

Or on-line at:

www.seattle.gov/parks

Online Registration Now Available!

In keeping with our environmental stewardship policies, Seattle Parks and Recreation are trying to reduce the amount of paper we use. Online registration for recreation courses is now available through "SPARC" for many classes throughout Seattle Parks. Stop by the MB office to receive your account barcode and PIN.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951. For information on programs for youth or adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.seattle.gov/parks/SpecialPops/index.htm.

Waiting Lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings sometimes become available. If demand is high, we will try to form another class.

Class Cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you by phone or e-mail (at the latest) two days before the class start date.

Confirmations

Sorry, we cannot confirm every class registration by mail or phone, but we will notify you by phone or e-mail if your class is postponed or cancelled.

Please see program and office closures on back.

Professional Staff

Peggy Tosdal, Sr Rec Program Specialist

Karen Etsell, Recreation Leader

Ken Bounds, Superintendent

Christopher Williams, Operations Director

Kathy Whitman, Aquatics Manager

Patsy Siegismund, Senior Coordinator

Order a Commemorative Mount Baker Brick

Purchase a commemorative engraved brick for placement at the new Mt. Baker facility, prices starting at \$85. Please call the office for an order form, 206-386-1913, or stop by today!

Construction Begins!

When construction starts, all the sailing and windsurfing classes (except Intro to Sailing) will move to Lakewood Moorage, about 1 mile south of the Mt. Baker facility (Sayres Park).

All Rowing courses and Introduction to Sailing will be held at the Mt. Baker Rowing and Sailing Center. The Open Sailing Program has been postponed and will resume in early 2007.

Lakewood Moorage:

4400 Lake Washington Blvd S. Seattle, WA 98118

SAILING & WINDSURFING

Adult Learn to Sail

Take advantage of our 2-person Lasers IIs! Learn rigging, sailing theory, water safety, and more. Plan to bring a change of clothes on the first day.

Participants who successfully complete the class requirements are awarded a Mt. Baker Open Sailing Card for participation in Mt. Baker's Open Sailing Program, see bottom left. The US Sailing textbook, "Start Sailing Right" is available in the office for \$15.

Participants must attend the first 10 hours of class time or arrange to acquire the information and skills through personal instruction. Financial aid is available. **A current Float Test is required.**

****Class will be held at Lakewood Moorage.****

Saturdays

#11315	Sat	12:30-5pm	Sept 9-30	\$126*
#11314	Sat	12:30-5pm	Oct 7-28	\$126*

*** Pre-purchase Sailing book, include \$15 with registration!**

Family Introduction to Sailing

Interested in a family outing? This class is designed for beginners looking for an introduction to sailing on a larger, more stable boat.

The Flying Scot is an 18-foot mono-hull sailboat and can hold up to 5 people (8 years or older). The class meets at the Mt. Baker facility.

Come dressed for the weather. Footwear must be worn, no black-soled shoes! Life jackets are provided. Maximum enrollment is 5 people, for quality personal instruction. For another fun, family boating activity, see page 4 for Introduction to Rowing.

****Class will be held at the Mt. Baker facility.****

Saturday

#8464	1-3:45pm	Aug 26	\$30
#11301	1-3:45pm	Sept 16	\$30
#11302	1-3:45pm	Sept 30	\$30
#11299	1-3:45pm	Oct 14	\$30
#11300	1-3:45pm	Oct 28	\$30

Adult Continuing Sailing

Expand your sailing knowledge with our dinghy sailboat fleet in this 12 hour class. Refine your knowledge of the skills taught in the Learn to Sail classes. Learn additional techniques to help you harness the wind effectively.

All Mt. Baker Learn to Sail Course participants or sailors with equivalent experience are encouraged to enroll and participate fully in this class. The curriculum is tailored to the student's skill level and personal goals. Opportunity to earn or update Mt. Baker Open Sailing Card available (Open Sail resumes in 2007).

The US Sailing textbook, "Start Sailing Right" is available in the office for \$15. **A current Float Test is required.**

****Class will be held at Lakewood Moorage.****

Saturdays

#11285	Sat	1-5pm	Sept 16-30	\$85*
#11286	Sat	1-5pm	Oct 14-28	\$85*

NEW! Saturday Clinic

#11288	Sat	1-5pm	Sept 9	\$30*
#11290	Sat	1-5pm	Oct 7	\$30*

*** Pre-purchase Sailing book, include \$15 with registration!**

Adult Windsurfing

Start with our Beginning Windsurfing course to gain the fundamentals of windsurfing as a solid base for fun in the future! Skills include vocabulary, balance, steering, wind knowledge, and sail adjustment. All equipment is provided.

Sign up for our new Intermediate Windsurfing Clinic to further your skills and get out on the water. Participants are eligible to enroll in clinic after successfully completing one Beginning Windsurfing course at Mt. Baker or equivalent.

The US Sailing textbook, "Start Windsurfing Right" is available in the office for \$15.

Must weigh at least 90 pounds. **A current Float Test is required.**

****Class will be held at Lakewood Moorage.****

Saturdays Beginning Windsurfing

#11277	Sat	1:30-4:30pm	Sept 16-30	\$77*
#11276	Sat	1:30-4:30pm	Oct 14-28	\$77*

NEW! Saturday Intermediate Clinic

#11287	Sat	1:30-5pm	Sept 9	\$30*
#11291	Sat	1:30-5pm	Oct 7	\$30*

*** Pre-purchase Sailing book, include \$15 with registration!**

ROWING & JUNIOR CONDITIONING

Introduction to Rowing

Curious about the sport of rowing and looking for a **FUN, FAMILY ACTIVITY?** Bring the family down to try rowing! Here's your chance for a quick introduction to a fast growing sport. Learn the fundamentals on land and water.

Ages 11 and up; 11-15 year olds must be accompanied by an adult. For another fun, family boating activity, see page 3 for the Introduction to Sailing class. Sign up early!

Saturdays, 9:30am-noon—\$28

#8453	Aug 26	#11296	Sept 16	#11294	Oct 14
		#11297	Sept 30	#11295	Oct 28

Jr. Crew Rookie Camp

Rookies—welcome to Varsity! Spend the week before Fall Crew starts to row with other rookies and get a feel for the fall season with your Varsity Coach.

This 4 day camp meets weekdays, Thurs, Sept. 7 through Tues, Sept. 12.

Please pre-register!

Fall Experienced Rowers Only—\$20

Girls: #11333 Sept 7-12 3:45-5:45pm

Boys: #11334 Sept 7-12 4:30-6:30pm

WHY JOIN CREW?

Rowing on a team is an incredible experience! A sense of accomplishment and pride are gained as youth work to meet the physical and mental challenges of the sport of rowing. The rigorous sport also teaches sportsmanship and team camaraderie.

The summer program is open to boys and girls ages 13-18 and starting grades 8-12 in the fall. Classes teach the basic fundamentals of the stroke as well as boat handling, water safety, and care of equipment. All classes are geared towards **competitive** rowing.

YOUTH ROWING—"Junior Crew"

Registration (online, mail-in, and walk-in) starts August 14 and is due by **6:00pm on Wed, Sept. 6**. See page 6 for instructions. Please get your registrations in early, these classes are first-come, first-serve.

ONLY online, mail-in, and walk-in registrations are accepted up until the deadline (September 6). After the registration deadline, we may accept late registrations if space allows. After the deadline, online registration is not available and we will accept phone-in and fax-in registrations IN ADDITION to mail-in and walk-in.

Financial assistance is available upon request. There is a 10% discount for additional family members enrolling in junior crew.

Youth Rowing will be held at the Mt. Baker facility. **A current Float Test is required.**

Novice **Attendance for the first 2 weeks is required for all Novices**

Girls: #11307 Monday—Friday 4:00-6:00pm Sept 14–Nov 13 \$215

Boys: #11303 Monday—Friday 4:00-6:00pm Sept 14–Nov 13 \$215

Experienced

Girls: #11309 Monday—Friday 3:30-6:00pm Sept 14–Nov 13 \$235

Boys: #11308 Monday—Friday 4:00-6:30pm Sept 14–Nov 13 \$235

CLOSURES

***H** No class on the following holidays:
Sept 2-4, Nov 10,
Nov 23-26

***S** No class on the following Special Event day: Oct 15

Youth Conditioning for Crew

Continue your fitness into the holidays! This class will help keep your fitness level up and give you the edge for the approaching season. Activities will include erging, calisthenics, and weight lifting, as well as some on-the-water practice. **A current Float Test is required.**

Experienced Rowers

Girls: #11312 TTh, 4-5:30pm, Sat 9:30-11:30am Nov 14-Dec 16 *H \$68

Boys: #11311 TTh, 4:30-6pm, Sat 9:30-11:30am Nov 14-Dec 16 *H \$68

ADULT ROWING & CONDITIONING

Learn to Row—Level 1

Our learn to row classes begin on rowing simulators (ergometers) on land and then move to dockside rowing in our rowing shells. With a strong understanding of the rowing stroke, the balance of the class will be on the water. Sweep rowing (one oar) and sculling (two oars) are incorporated into the sessions.

Satisfactory completion of this class will qualify you to join our Adult Rowing Program; Level 2: Sat-Sun or MWF mornings.

A complete medical assessment is strongly recommended for all adult rowers joining our rowing programs. Must attend first 2 sessions.

A current Float Test is required. Financial assistance is available.

Mornings

#8739	TTh 6-7:30am, Sat 9:30-11:30am	Aug 15-Sept 9 *H	\$101
#11313	TTh 6-7:30am, Sat 9:30-11:30am	Sept 12-Oct 5	\$101

NEW! Mid-Day

#11364	MWF 9-11am	September 11-29	\$101
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OPEN ROWING

Drop-in rowing is available for intermediate to advanced rowers. Purchase an Open Rowing Card, good for 10 rowing sessions, for a **Non-Refundable fee of \$95**. Seniors 65 and older are \$78.

Cards are valid for one year from purchase date. **A current float test and signed release form must be on file.** Rowers may drop in to these practices:

Mon/Wed/Fri	9:00-11:00am
Saturday	9:30-11:30am
Sunday	8:30-11:30am***

***Sundays switch to 9:30am on Oct. 1

Adult Rowing Program

Once you have successfully completed Learn to Row or equivalent course, you may be eligible to join this program for continued rowing fitness and competition. On and off the water conditioning, novice to advanced rowing technique, and racing skills are included for those interested in competition. A complete medical assessment, by a licensed professional, is strongly recommended for all adult rowers.

A current Float Test is required.

Recreational—Level 2

Join one of our recreational/intermediate rowing groups to help develop your rowing skills, increase your aerobic capacity, improve your overall condition, and just enjoy the serenity of the sport.

These sessions are ideal for the “non-racing” rower or for those who have just completed one Learn to Row or equivalent. The punch card is available for these days and times.

Mid-Day

#11328	MWF 9-11am	Sept 6-Oct 2	\$94
#11327	MWF 9-11am	Oct 4-30	\$94
#11326	MWF 9-11am	Nov 1-Dec 1 *H	\$94
#11365	MWF 9-11am	Dec 4-20	\$72

NEW! Sat-Sun Mornings—2 hours

#11332	Sat 9:30, Sun 8:30	Sept 9-30	\$55
#11331	Sat-Sun 9:30am***	Oct 1-29 *S	\$64
#11330	Sat-Sun 9:30am***	Nov 4-Dec 17 *H	\$47

Intermediate/Advanced—Level 3

These classes are designed for the intermediate to advanced rowing, or those wishing to race. Regattas are attended locally, regionally, and nationally throughout the year. Pre-dawn rowing is available.

Practice Schedule: All classes are 2 hours in length. Tuesday and Thursday 2-hour classes are at 5:30 am or 6:00 pm, you are welcome to join any Saturday or Sunday 2-hour rowing class.

Mornings

#11320	TTh 5:30am, Sat 7:00am	Sept 5-30	\$94
#11318	TTh 5:30am, Sat 7:00am	Oct 3-28	\$94
#11317	TTh 5:30am, Sat 7:30am	Oct 31-Nov 9	\$40

Evenings

#11293	TTh 6-8pm, Sat 7-9am	Sept 5-30	\$94
#11292	TTh 6-8pm, Sat 7-9am	Oct 3-28	\$94

CONDITIONING

Morning: #11316 TTh 6-7:30am Nov 14-Dec 21 *H \$58

Evening: #11310 TTh 6-7:30pm Oct 31-Dec 21 *H \$78

Sat Row: #11325 7:30-9:30am Nov 18-Dec 16 *H \$32

UPDATES

Construction Begins!

Construction starts August 15, we will be moving all the sailing and windsurfing classes (except Intro to Sailing) to Lakewood Moorage, about 1 mile south of the Mt. Baker facility at Sayres Park, see map below.

STARTING AUGUST 15, our facility will be starting our facility construction and **CLASSES WILL BE HELD AT LAKEWOOD MOORAGE, about 1-mile south of Mt. Baker facility.**

The Open Sailing Program will resume in early 2007. All Open Sailing Card holders, check for updates in early 2007 for information on how to update your card.

Where do I go after August 15?

All Rowing (youth, adults): **Mt. Baker facility**

Introduction to Sailing: **Mt. Baker facility**

Introduction to Rowing: **Mt. Baker facility**

Adult Learn to Sail: **Lakewood Moorage**

Adult Continuing Sailing: **Lakewood Moorage**

Adult Windsurfing: **Lakewood Moorage**

Lakewood Moorage:

4400 Lake Washington Blvd S. Seattle, WA 98118



DONATE TO OUR BUILDING EXPANSION

Our building may be under construction, but we haven't stopped fundraising! We are hoping to pay back our construction contingency by the end of this year and also begin Phase II of construction early next year.

Consider contributing towards your community boating facility... *your* place on the water.

To make a donation or to receive more information about the expansion project, contact our office at 206-386-1913 or e-mail the Sr. Recreation Program Specialist, Peggy Tosdal at peggy.tosdal@seattle.gov.

You may also find a pledge form on our website: www.seattle.gov/parks/boats/Mtbaker.htm.

The Pro Parks Levy is making a difference in your community!

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city.

Our recreation facilities are providing teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness, swimming lessons for all 3rd and 4th graders, a wider range of activities for seniors, and more. We're removing litter from our facilities and parks more often; expanding park maintenance in the summer months; and working hard to maintain our valuable landscapes, trees, and other natural assets.

Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!

FLOAT TEST & POOL INFORMATION

CITY POOLS

Ballard Pool Served by Metro Bus #15	1471 NW 67th 206-684-4094
Evans Pool Served by Metro Bus #16, 26, 48	7201 E Green Lake Dr N 206-684-4961
Madison Pool Served by Metro Bus #317	13401 Meridian Ave N 206-684-4979
Meadowbrook Pool Served by Metro Bus #64, 65	10515 35th Ave NE 206-684-4989
Medgar Evers Pool Served by Metro Bus #3, 4, 48	500 23rd Ave E 206-684-4766
Queen Anne Pool Served by Metro Bus #3, 4, 13	1920 1st West 206-386-4282
Rainier Beach Pool Served by Metro Bus #7, 36, 42, 48, 106, 107	8825 Rainier Ave S 206-386-1944
Southwest Pool Served by Metro Bus #22	2801 SW Thistle 206-684-7440

**A Float Test may be taken at any lifeguarded beach or pool.
Regular charges apply. Personal Identification is required.**



FLOAT TEST

Every Seattle Parks and Recreation participant must successfully pass a float test prior to the first water session of a small craft class. The float test is valid for **three years**. Float tests may be taken at any swimming pool or lifeguarded beach while under the supervision of a lifeguard certified by the American Red Cross.

Identification is required. You must either float, tread water, or swim in place for ten minutes, without touching the bottom of the pool or the walls, while wearing long pants and a long sleeved shirt. In the final minute of the test you must put on a life vest while continuing to tread water.

FLOAT TEST

Every participant must successfully pass a float test prior to the first water session of a small craft class. It is also a membership requirement for boating organizations sponsored by the Seattle Parks and Recreation. In deep water, while wearing long pants and a long sleeve shirt, you must float, tread water, or swim in place for ten minutes. In the final minute of the test you must put on a life vest while continuing to tread water. A ten-minute float test is valid for three years.

Float tests must be taken at any swimming pool or beach under the supervision of a lifeguard certified by the American Red Cross. Regular pool admission is charged.

NAME _____

ADDRESS _____

The above named individual has successfully passed a float test as required for participation
in a small craft program sponsored by Seattle Parks and Recreation.



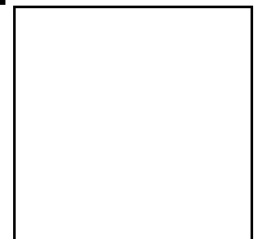
VALIDATION STAMP

SWIMMING POOL / OFFICE USE ONLY

☐ Identification Verified: _____

Lifeguard name: _____ Pool: _____

Signature: _____ Date: _____



Original Only - No copies
accepted or provided

POLICIES & PROCEDURES

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

CANCELLATIONS:

- Any person who registers for a class, camp, special event, or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we will cancel it. We'll try to notify you at least two days before the class start date.

DAY CAMPS:

- Any person who registers for a day camp, and who requests a refund 14 days or more before its start, may receive a refund minus a 10% service charge. No refunds will be made for cancellations fewer than 14 days prior to the camp.

CLASSES:

- A participant may be issued a refund minus the first class and a 10% service charge, if he/she notifies the program coordinator prior the first class session.

For specific information please read the entire policy; which is available upon request.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or via fax with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to **City of Seattle**.

If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$25 fee. Exact cash only please.

Non-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap. (Seattle Municipal code 18.12.280).

ADA Compliance

Reasonable accommodation will be made on request for persons with disabilities. For sign language interpretation, auxiliary aids or other accommodation, call the facility selected or call V/TDD 223-7061. If possible, please allow ten working days notice.

Financial Aid

The Boating Advisory Council in partnership with Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to waive some or all fees, offer activities on a sliding scale, allow for an exchange of activities for volunteer service, or offer scholarships.

Reduced fees are intended mainly for families or individuals in our Seattle neighborhood who are on public assistance or who are unemployed. To apply for reduced fees or scholarships, please talk to a member of our staff.

Fees and Charges

The Boating Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs and defray operating costs for Seattle Parks and Recreation. Class and program fees include Washington State sales tax where applicable. A portion of the fees are approved by Seattle City Council and are subject to change without notice.

REGISTRATION INSTRUCTIONS

STEPS TO REGISTER:

1. Complete the registration form.
2. Enclose payment. Please make checks or money orders payable to "**City of Seattle**." For Visa, MasterCard, or American Express, please fill out credit card information on registration form. *All credit card numbers are shredded after processing.*

3. **NEW!** Visit www.seattle.gov/parks to register for Recreation programs online! Or complete Registration form (page 7) and **Mail to:**

Mt. Baker Rowing and Sailing Center
3800 Lake Washington Blvd S
Seattle, WA 98118

Phone-in and FAX-in also available starting Sept 7:

Phone: 206-386-1913 FAX: 206-386-1914

- As space is limited, we encourage you to sign up early—at least seven days in advance of the first day of class. Although we sometimes accept late sign-ups, you may be disappointed if a class is full or was cancelled due to a lack of participation.
- Senior Citizen Discount of \$.80/hour class is available to adults ages 65 and older for all classes.
- For Jr. Crew: ONLY Online, Walk-in, and Mail-in Registration is accepted through September 6; starting September 7, phone-in and fax-in registrations will then also be accepted if space allows.
- **Float Tests are required and can be turned in on the first day of class. Forms can be found online.**

Larger Type Version
Available Upon Request

FALL 2006 REGISTRATION FORM



ADULT NAME (Last) _____ (First) _____ DATE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE *home* (_____) _____ *work* (_____) _____ *mobile* (_____) _____

Emergency Name _____ Emergency Phone (_____) _____

E-mail: _____ (for Mt. Baker program use only)

ASSUMPTION OF RISK AND RELEASE FORM: Injuries to participants in small craft programs may occur from risks inherent in the sports or activities; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or racing rules; from the use of transportation to and from regattas, races and other events and from administration of first aid. For example, I might slip and fall; I might be struck by part of a boat; my boat might capsize or I might be thrown overboard into cold water; it may hit another boat or run into an obstruction or the shore, and the collision injure me. The severity of the injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death. I will be exposed to the weather, including rain, wind, cold and sun, I might become ill through chill or suffer sunburn and heat exhaustion. In order to avoid injuries I will obey the directions of my instructors and will follow all safety rules. I will tell my instructor about any limitations or medical restrictions on my participation.

In consideration for my acceptance as a participant, I agree to assume the risks, release and hold the City of Seattle, its advisory councils, and sponsoring organizations, and their employees and agents harmless from claims for injuries and damages, which may occur from or as a result of my participation in the program. I agree that this assumption of risk and release shall bind my heirs and my estate. Participation authorized; risks assumed; and release granted. Authorizing signature below acknowledges having read all statements above. Participant's signature required, or the signature of a parent or guardian is required for participants under 18 years.

X Participant Signature:** _____ **Date:** _____

**Parent/Guardian signature for anyone 17 years old or younger

PARTICIPANT'S NAME		Birth Date	EO*	Sex	CLASS NAME	COURSE #	CLASS TIME or AM/PM?	Class Fee
Last	First							
								\$
								\$
								\$
TOTAL								\$

*ETHNIC ORIGIN: Information is used for statistical purposes and is not required for participation.
A=Asian; B=Black/African American; H=Hispanic; N=Native American; W=Caucasian; O=Other

Please complete the following information:

- ☐ Paying by exact CASH
- ☐ Paying by check to "City of Seattle": Check Number: _____
- ☐ Paying by credit card: Type (circle) Visa MasterCard American Express

Name as shown on card: _____ CC Signature: _____ Date: _____

CC Card #: _____ Exp. Date: _____

PUBLIC BOATING PROGRAMS ~ FALL 2006

Mt. Baker Rowing and Sailing Center

Program Hours

Monday-Thursday	5:30 am-6:30 pm
Friday	5:30 am-6:30 pm
Saturday	7:00 am-5:00 pm
Sunday	8:30 am-10:30 am

The above listed hours indicate when programs have been scheduled—NOT necessarily office hours.

If you call and reach our voicemail, please leave a message and someone will return your call as soon as possible.

Program and Office Closures

Labor Day Weekend	September 2-4
Veteran's Day	November 11
Thanksgiving	November 23-26
Christmas Holiday	December 22-25
New Year's Holiday	Dec. 30-Jan. 1

Special Events

Tri-Mountain Regatta—Sunday, October 15
Annual Christmas Ship™ and Silent Auction—
Tuesday, December 5

FLOAT TEST—Required for participation in boating courses



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Identification is required. You must either float, tread water, or swim in place for ten minutes, without touching the bottom of the pool or the walls, while wearing long pants and a long sleeved shirt. In the final minute of the test you must put on a life vest while continuing to tread water.

SEATTLE PARKS AND RECREATION
c/o Mount Baker Rowing & Sailing Center
3800 Lake Washington Blvd. S
Seattle, WA 98118

Change Service Requested

PRESORTED STANDARD
U.S. POSTAGE
PAID
SEATTLE, WA
PERMIT #900